

August, 2015

Dear Parents/Guardians,

This year at Lenape MIDDLE SCHOOL the counselors will conduct discussion groups with students. These groups usually consist of six to eight students under the supervision of one of the counselors. Some discussion groups are facilitated in conjunction with the school psychologist, social worker, or a certified counselor from a community agency.

Discussion groups are confidential in nature and intended to help adolescents cope with everyday situations. Participation in the group is on a voluntary basis. These groups are not therapeutic. Examples of topics discussed are study skills, divorce, bereavement, classroom behavior, adjusting to a family move, peer pressures, substance abuse, stress management, family dynamics, better communication with parents, etc.

Groups are open to all students. If, however, you do not want your child to participate in such discussion groups, please inform us in the guidance office.

Thank you for your cooperation.

Sincerely,

The Guidance Department
Ann Kuntzmann and Jodi Schmon